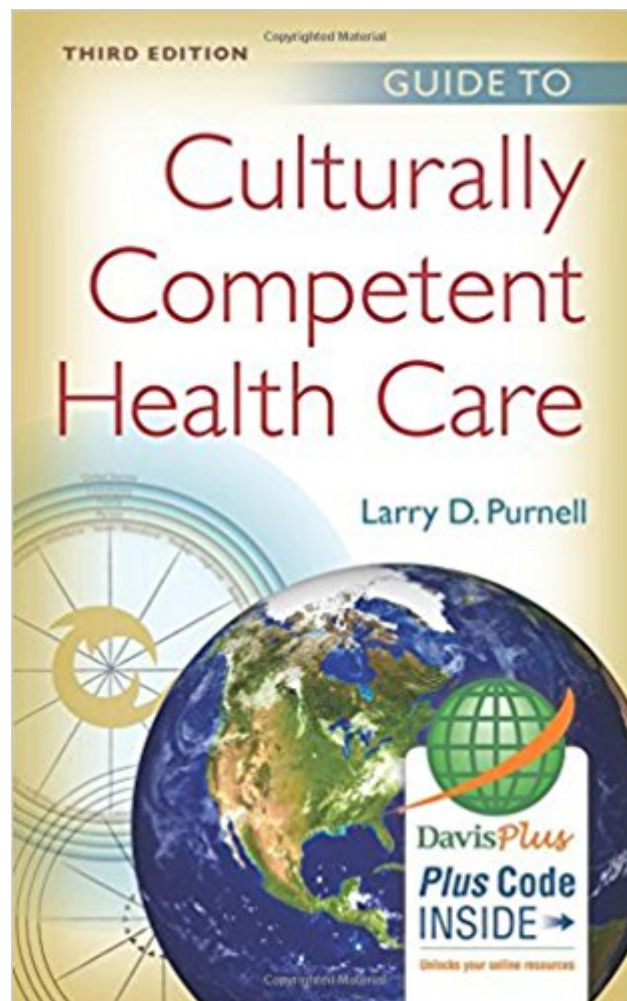




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# Guide To Culturally Competent Health Care



## Synopsis

Be prepared for the culturally rich and diverse world of healthcare! This concise, easy-to-read handbook prepares you to relate to individuals from different cultures. Use it in class and clinical now and as a reference throughout your career. The Purnell Model is your guide as you explore 34 different cultures and the issues that you need to be sensitive to—including cultural variations regarding personal space, dietary preferences, communication, symptom management, activities of daily living, and religious and health practices.

## Book Information

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## Customer Reviews

It is imperative that health care professionals understand the importance of being culturally competent to provide appropriate holistic care. This book provides a great overview of the major cultures we see in the country and provides a good perspective of how patients feel and see health. To be good advocates for our patients we must know how to approach them and respect their beliefs.

A very, very broad overview. I had to buy it for a class. Would never have bought it on my own. I have a degree in Anthropology, I personally would go with Peter Burke in examining the meaning of culture and Michel Foucault for the nuances of the health care system.

This book contains numerous archaic and very questionable cultural stereotypes with unacceptable evidence behind the cultural descriptions presented. In many chapters, the only cited

resource behind these assertions is a book the author himself previously published. There are no footnotes assigned to the plethora of bizarre and sweeping statements about various "heritages." I was left wondering how the author knew that the Amish eat cookies of "about 3 inches in diameter" (p.42) or why the author believes the modern African-American community largely respects/values "voodoo doctors" (p.35). Another strange claim made is that people from Appalachia feed their babies grease, sugar, and coffee (p.55). If we're to believe Purnell, Mexicans are generally not punctual (p.294) and see being overweight as positive (p.296). These are but a few of MANY dubious claims with insufficient sources cited to back them up. If you have to use this book in a class, think critically before accepting any unsupported assertions made in this book. Otherwise, you might find yourself delivering culturally incompetent health care in the real world.

This is a strange little book. I'm not certain about the accuracy of everything in here. However, it is great to keep in your locker for a quick reference.

I really like this book. Understanding cultural diversity is a natural part of holistic nursing. This book is small enough to take to work, yet each entry is packed with useful information.

It's a textbook... I can't say as I am in love with the fact that I have to read it, but it is very informative, well written, concise and the condition of the book was perfect.

Very interesting read. I started early for my school and will have it finished before the class starts

Used this for a nursing class. Good resource!

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